



## RETURN TO RUNNING EVENT GUIDELINES

For over 30 years, Team Magic has always prided itself in providing a safe, quality and challenging race experience. Our sensitivity to how we return to racing is high, so here is what you can expect from us. *Please note and understand that the knowledge and circumstances around COVID-19 are changing constantly and we will continue to adjust our guidelines to ensure a safe and healthy race environment. Consider these guidelines as "living guidelines," meaning the included criteria and recommendations are based on known factors at the time of writing. As more information becomes available with regard to COVID-19, these guidelines may be amended and will be released at that time.*

**OUR PLEDGE** Team Magic will set in place the necessary protocol for a safe race environment and will act responsibly by following recommended guidelines for social distancing, hygiene and wearing protective equipment when appropriate. For Return to Racing to be successful, we are asking each participant, whether racer, volunteer or spectator, to do their part by respecting and following the guidelines that are specifically designed to protect the health and well-being of ALL participants and our host communities. All participants will be asked to review the [Return to Running Event Guidelines](#) to ensure their understanding of what will be expected of them in order to participate. Guidelines will be posted on the event website, included in all racer communication and announced during pre-race activities.

### OUR COMMITMENT

**SCREENING:** All racers, volunteers and staff are asked to self-assess their health and present a signed [Pre-Race Health Questionnaire](#) at check-in. If anyone is experiencing a fever of 100+ or symptoms, they are asked to stay home. We will also have temperature checks for staff, volunteers and racers on set up / packet-pick up day, as well as race morning.

Athletes who have experienced symptoms, or live with anyone who has symptoms, should self-quarantine and not compete in or support events until the following are true:

1. At least three days (72 hours) have passed since recovery a. Recovery is defined as resolution of fever without use of fever-reducing medications and improvement in respiratory symptoms, e.g. cough, shortness of breath, etc.
2. At least ten (10) days have passed since symptoms first appeared.

**PRE-RACE CONSIDERATIONS** Social distancing guidelines will be observed and enforced in accordance with local and state directives and the best interest and safety of all participants. Groups will be discouraged from congregating and participant traffic will be designed to flow in one direction.

**SANITATION:** Team Magic will do the following:

- Require all participants, volunteers and staff to wear a mask in accordance with local rules and if they are unable to maintain at least 6 feet of social distance.
- Post ample signage on-site encouraging regular hand washing, sanitizing and social distancing
- Have hand washing and sanitizing stations readily available and ample trash receptacles placed around event venue
- Regularly clean high touch point areas
- Require athletes, staff, volunteers, officials, and spectators to stay home if they are feeling ill
- Discourage use of other people's equipment, phones, etc.
- Discourage physical contact, including but not limited to, high five's, hugs, and handshakes
- Increase the number of portable toilets and spacing between each unit and provide 6 foot markings to assist participants with proper social distancing
- Control usage of indoor restroom facilities to maintain social distancing

**Masks and Social Distancing:** Runners are asked to wear a facemask at the race site, when not running.

**Contact-free Packet Pick-up:** Drive-thru packet pick up will be used the day before the run and from 6:30a-7:00a race morning, with 7:00a-7:30a race morning managed contact free, with social distancing markers in place. All staff and volunteers will be required to wear a facemask.

**COURSE CONSIDERATIONS** The Marathon and 5k are a loop course, minimizing the opportunity for racers to cross paths. Racers will be asked to leave plenty of space when passing other runners and refrain from drafting directly behind other runners.

**START LINE:** Runners will start in time trial fashion, based on estimated finish times they submit during the registration process. A Half Marathon runner and 5k runner will start simultaneously, staged 6 feet apart. Physical distancing measures will be implemented in the staging area leading up to the starting line. All runners will be required to keep six feet distance from those not living in the same household while in the starting line area. Face coverings are required when not maintaining six feet of physical distance from those not living in your household. Face coverings will not be required while running.

**AID STATIONS:** Aid stations will provide self-serve bottled water and bottled Powerade under the supervision of minimum staff members or volunteers who will be required to wear a mask and gloves. Participants will be encouraged to bring their own hydration. Half Marathon runners will be encouraged to bring their own nutrition.

**FINISH LINE:** Participants will not be allowed to congregate in the finish line area. A minimal number of volunteers will manage grab and go bottled water and bottled Powerade. Participants will be directed to a social-distance-friendly area where they can pick up grab & go post-race food and their finisher prize. All volunteers handling food will be required to wear a mask, use gloves and / or sanitize hands between hand off of any items to runners

**POST RACE:** There will be no post-race party or awards ceremony.

**RACE RESULTS:** Racers will be sent a link to find race results. Arrangements for receiving awards will be communicated directly to racers.