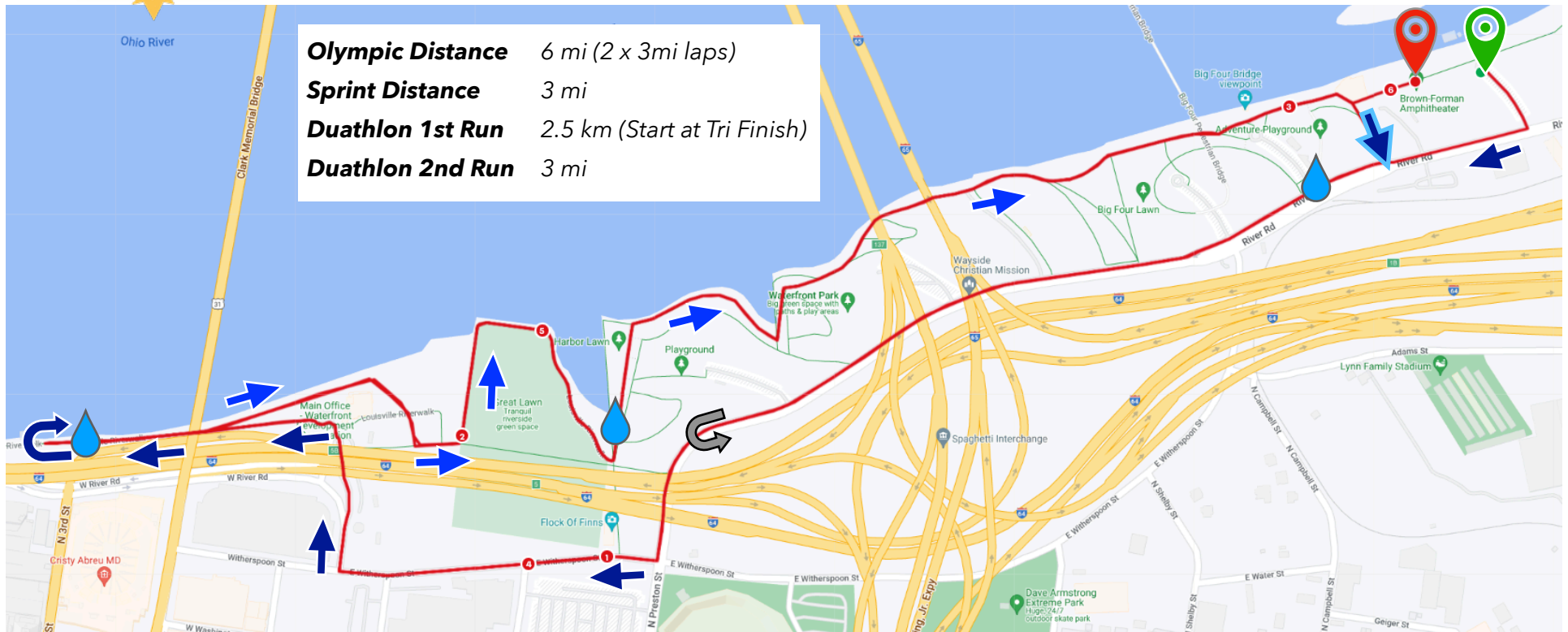




RUN COURSE

Olympic Distance	6 mi (2 x 3mi laps)
Sprint Distance	3 mi
Duathlon 1st Run	2.5 km (Start at Tri Finish)
Duathlon 2nd Run	3 mi



Tri Run & Du 2nd Run Start from Transition Area



Tri Run Finish & Duathlon 1st Run Start from Race Finish Arch



Water & Powerade & Ice Stations



Olympic Course Starts 2nd Loop Before Race Finish Line (not back at transition)



Duathlon 1st Run Turnaround Point (out and back course from Tri Finish Line back to bike transition area)

- From Bike Transition Area (Turquoise Lot) Walkway, Exit **RIGHT** onto River Road Walkway
- **RIGHT** from River Road Walkway onto Witherspoon Street Walkway
- **RIGHT** from Witherspoon onto the Louisville Riverwalk at Bingham Way
- Continue on the Louisville Riverwalk, curving left to turn around point near the Belle of Louisville
- Continue on the Louisville Riverwalk closest to the river - follow signs, cones & volunteers
- **SPRINT participants continue straight to the FINISH LINE at Brown Forman Amphitheater**
- **OLYMPIC** participants go **RIGHT** on Louisville Riverwalk back to River Road Walkway to start **2nd Loop**
- **RIGHT** to continue same course as first loop from this point
- **DUATHLON 1st Run** begins at Triathlon Race Finish Line and proceeds to **RIGHT** River Road Walkway to a **TURN AROUND POINT** at 1.25 km, then back on same course to transition
- **DUATHLON 2nd Run** completes same course as **SPRINT** triathlon participants