



Half Turn Around on Greenway before Ted Rhode's Golf Club House



10k Turn Around <I-65 Trail Head>



5k Turn Around <1st Ave N>



Water & Energy drink



Clif Shot Blok



Portable Toilet (3.1/10 & 6.5)

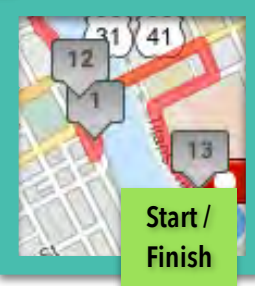
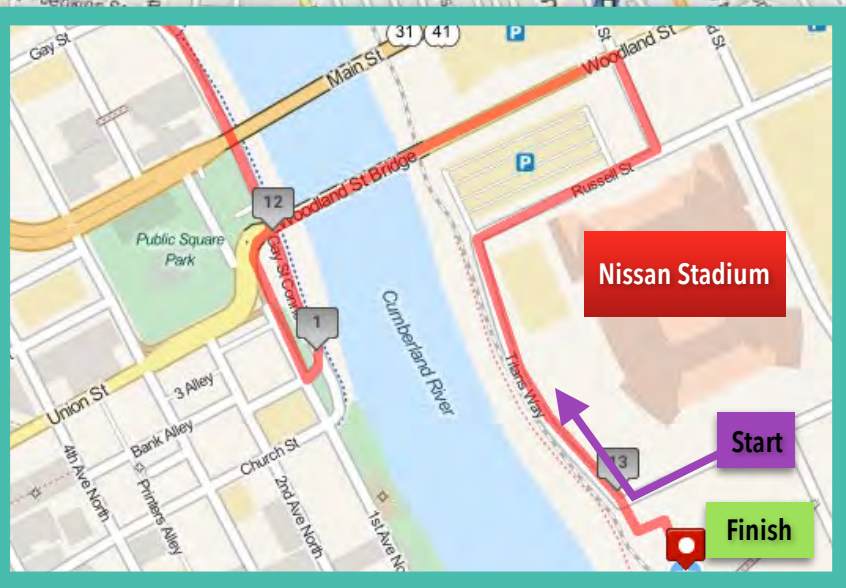


10K Turnaround Detail

- 10K Runners go **LEFT** when trail splits just after mile 3
- The turnaround is on Great Circle Road, just beyond the Greenway Trailhead Parking Area
- Half Marathon Runners go **RIGHT at this point**, along the river on the Greenway

COURSE DESCRIPTION FOR HALF MARATHON

- Start on Victory Avenue
- Proceed Right on Titan's Way
- Right onto Russell St
- Left onto S 1st Street
- Left on Woodland Street - cross Woodland St Bridge
- Left on 1st Ave North
- Left onto Gay Street Connector
- Left onto Gay Street
- Right onto 1st Ave North
- Merge left onto Cumberland River Greenway
- **STAY TO YOUR RIGHT ON THE GREENWAY!**
- Turn Around before Ted Rhodes Golf Club House
- Continue back on Greenway, staying to your right
- Follow Greenway back to 1st Avenue North
- Continue straight onto Gay Street
- Right onto Gay Street Connector
- Right onto 1st Ave North
- Right onto Woodland Street -cross Woodland St Bridge
- Right onto S 1st Street
- Right onto Russell St
- Left onto Titan's Way
- Proceed to FINISH adjacent to East Bank Landing



5K Turnaround Detail (out&back)

- 5K runners go straight on 1st Ave N when Half Marathon & 10k go left to merge onto the Cumberland River Greenway.
- 5K runners complete a turnaround on 1st Ave N & proceed back to the race site on the same route