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For complete results on all races visit <http://www.team-magic.com/>



**# 1 ranked Duathlete in the World  
Joerie Vansteelant captures Powerman Alabama win**

Pelham, AL - The one uncontrollable factor in a race? The weather. The weather at Powerman Alabama has been called epic on more than one occasion and not in a good way. Racers and spectators were delighted when this year's event was highlighted by beautiful sunny 70 degree weather for Saturday's races; even the predicted rain storms held out for most of Sunday. However one Powerman Alabama tradition held true. The challenging course.

The Powerman Alabama Multisport Weekend events were held March 27 and 28 at Oak Mountain State Park in Pelham, AL. The weekend included kids duathlons, an off-road duathlon and road race, and three amateur road duathlons. The highlight of the weekend was the stand-alone Elite Duathlon National Championship which started with a dynamic field of twenty-five professional athletes.

**Professional Men**

The front runner for the men's race was the number one ranked duathlete in the world, Joerie Vansteelant, and he did not disappoint. Joerie was third into the first transition 19 seconds behind leader Derek Yorek and in a pack with Matthew Sheeks and Joshua Merrick. Soon after that is when Joerie took control. After completing the three loop bike course, Joerie was ahead of the pack and stayed out in front. He finished with a strong 2:36 lead over the next finisher. Matthew Sheeks took second place overall and snagged the title of USAT Elite Duathlon National Champion as the first American finisher. Powerman Alabama 2009 winner David Thompson placed third after coming in just under a minute behind Sheeks.

**Professional Women**

The women's race was especially exciting to the local spectators. Birmingham-area locals Jessica Jacobs and Deanna Newman took second and third place respectively. The overall female winner and the female USAT Elite Duathlon National Champion was Marisa Asplund. Marisa was fourth into transition after the first run behind Uli Bromme, Jessica Jacobs and Melissa Miller. But she made up some time with the fastest bike split of the day. The 2009 Powerman Alabama winner Jacobs finished just over a minute behind Asplund followed by Newman.

### Amateur Races

The weekend was kicked off by the PowerKids Duathlons which included five races for various age groups. They were exciting events with close to 100 children ages 3 – 12 years participating. The overall XTERRA 8k Trail Run winners were Jackie Witherspoon (first overall) and Mark Ingle. Casey Fannin and Krista Casazza took the overall wins for the XTERRA Off-Road Duathlon. Overall winners for the Double Oak Duathlon were Patrick O'Brien and Johanna Gartman. Keith Marshall and Mary Rosser took the top podium spots for the Team Magic Signature Duathlon. The overall winners for the Powerman Alabama amateur race were James McCurdy and Carrie Andrews.

Full results from all Powerman Alabama weekend events can be found at <http://www.team-magic.com/>.

### Male – Professional

| Pos | Bib | Name               | City        | State | Country | Total Time |
|-----|-----|--------------------|-------------|-------|---------|------------|
| 1   | 7   | Joerie Vansteelant | Torhout     |       | BEL     | 2:42:51    |
| 2   | 4   | Matthew Sheeks     | Woodinville | WA    | USA     | 2:45:28    |
| 3   | 1   | David Thompson     | St Paul     | MN    | USA     | 2:46:27    |
| 4   | 3   | Matthew Russell    | Ogdensburg  | NY    | USA     | 2:46:49    |
| 5   | 12  | Dereck Treadwell   | Laurens     | NY    | USA     | 2:49:03    |
| 6   | 6   | Robert Wade        | Arlington   | VA    | USA     | 2:49:56    |
| 7   | 15  | Brad Seng          | Boulder     | CO    | USA     | 2:51:11    |
| 8   | 9   | Clive Cooper       | Cambridge   |       | NZL     | 2:58:49    |
| 9   | 10  | John Phillips      | Denver      | CO    | USA     | 3:02:02    |
| 10  | 2   | Ryan Giuliano      | Schaumburg  | IL    | USA     | 3:04:05    |
| 11  | 14  | Maciej Kurka       | Chicago     | IL    | USA     | 3:24:07    |
| 12  | 13  | Guy Petruzzelli    | Westmont    | IL    | USA     | 3:32:09    |

### Female – Professional

| Pos | Bib | Name              | City        | State | Country | Total Time |
|-----|-----|-------------------|-------------|-------|---------|------------|
| 1   | 20  | Marisa Asplund    | Durango     | CO    | USA     | 3:06:05    |
| 2   | 21  | Jessica Jacobs    | Maylene     | AL    | USA     | 3:06:57    |
| 3   | 24  | Deanna Newman     | Birmingham  | AL    | USA     | 3:13:23    |
| 4   | 17  | Uli Bromme        | Boulder     | CO    | USA     | 3:13:50    |
| 5   | 16  | Melissa Miller    | San Antonio | FL    | USA     | 3:17:38    |
| 6   | 25  | Anne Curi Preisig | Falmouth    | MA    | USA     | 3:19:55    |
| 7   | 18  | Jennifer Garrison | Naperville  | IL    | USA     | 3:20:03    |
| 8   | 22  | Rachel Chambers   | Sarasota    | FL    | USA     | 3:31:10    |