

# POWER MAN

# ALABAMA

## MULTISPORT WEEKEND

**MARCH 27 - 28, 2010**

**OAK MOUNTAIN STATE PARK**

**PELHAM, AL**

XTERRA OFF-ROAD DUATHLON  
 10K/17MI/5K  
 MARCH 27, 2010

INDIVIDUAL: \$65 BY 1/31  
 \$75 BY 2/28, \$85 BY 3/24  
 TEAM: \$85 BY 1/31, \$95 BY 2/28, \$105 BY 3/24

OFF-ROAD TRAIL RUN  
 10K  
 MARCH 27TH, 2010

OPEN: \$30 BY 1/31, \$35 BY 2/28  
 \$40 BY 3/24

POWERKIDS DUATHLON  
 DISTANCE VARIES BY AGE  
 MARCH 27TH, 2010

KIDS: \$20 BY 1/31, \$25 BY 2/28  
 \$35 BY 3/24

POWERMAN ALABAMA ELITE NATIONAL  
DUATHLON CHAMPIONSHIP  
 MARCH 27TH, 2010  
 10K/60K/10K  
 (SAME \$\$ AS POWERMAN ALABAMA DUATHLON)

POWERMAN ALABAMA DUATHLON  
 10K/60K/10K  
 MARCH 28TH, 2010

INDIVIDUAL: \$85 BY 1/31,  
 \$95 BY 2/28, \$105 BY 3/24  
 TEAM: \$105 BY 1/31  
 \$105 BY 2/28, \$125 BY 3/24

TEAM MAGIC SIGNATURE DUATHLON  
 5K/40K/5K  
 MARCH 28TH, 2010

INDIVIDUAL: \$65 BY 1/31, \$75 BY 2/28  
 \$85 BY 3/24  
 TEAM: \$85 BY 1/31, \$95 BY 2/28  
 \$105 BY 3/24

DOUBLE OAK DUATHLON  
 2.5K/20K/2.5K  
 MARCH 28TH, 2010

INDIVIDUAL: \$45 BY 1/31, \$55 BY 2/28  
 \$65 BY 3/24  
 TEAM: \$65 BY 1/31, \$75 BY 2/28  
 \$85 BY 3/24

**PLEASE CIRCLE YOUR RACE(S) AND ENTER THE FOLLOWING INFORMATION(EACH TEAM MEMBER MUST SUBMIT)**

**NAME:** FIRST  LAST

**GENDER:** CHECK BOX  MALE  FEMALE  **DATE OF BIRTH:**     **ESTIMATED 5K TIME:**  MIN  SEC

**ADDRESS:**

**CITY:**  **STATE:**  **ZIP:**

**PHONE:**    **EMAIL:**

**EMERGENCY CONTACT:**  **EMERGENCY PHONE#:**

**CATEGORY:** AGE GROUP  BEGINNER  ELITE/PRO  TEAM-MALE  TEAM-FEMALE  SHIRT SIZE:  S  M  L  XL  XXL  
 CIRCLE ONE  TEAM-MIXED  TEAM-FAMILY  ATHENA  CLYDESDALE  MASTERS(40+)  CIRCLE ONE

**USAT#:**  \*IF YOU DO NOT HAVE A CURRENT USAT MEMBERSHIP YOU WILL BE REQUIRED TO PURCHASE A ONE DAY LICENSE AT REGISTRATION, OR YOU CAN ADD \$10/PER RACE TO YOUR TOTAL(FOR YOUTH LICENSES ADD \$5/PER RACE)

**TOTAL PAYMENT:**

**PAYABLE TO:**  
**TEAM MAGIC, INC.**  
**PO Box 130178**  
**BIRMINGHAM, AL 35213**